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Psychological Services

An association of independent practitioners

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Spiritual Books

- Going to Pieces Without Falling Apart by Mark Epstein
- Wherever You Go, There You Are by Jon Kabat-Zinn
- Peace Is Every Step by Thich Nhat Hanh
- A Path with Heart by Jack Kornfield
- Seeking the Heart of Wisdom by Joseph Goldstein & Jack Kornfield
- Everyday Sacred by Sue Bender
- Why Bad Things Happen to Good People by Harold Kushner
- Living a Life that Matters by Harold Kushner
- Sabbath by Wayne Muller
- Search for the Meaning of Life by Willits Jager
- The Soul's Code: In Search of Character and Calling by James Hillman
- Callings
- Legacy of the Heart: the spiritual advantages of a painful childhood, by Wayne Muller
- Awareness by Anthony DeMello

Spiritual Books For Therapists

- On Being a Therapist by Jack Kottler
- Soul Searching: why psychotherapy must promote moral responsibility by William Doherty
- The Gift of Therapy, an open letter to a new generation of therapists and their patients, by Irvin Yalom
- Existential Psychotherapy by Irvin Yalom
- Thoughts without a Thinker by Mark Epstein
- Zen and the Heart of Psychotherapy