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An association of independent practitioners

Co-Parenting Reading List

Co-parenting After Divorce: How to Raise Happy, Healthy Children in Two-Home Families (1996).

Diana Shulman

An easy read, practical, and helpful book on how to co-parent successfully. Written by a divorced woman who is also an attorney and a psychotherapist.

Mom's House, Dad's House: A Complete Guide for Parents Who Are Separated, Divorced, or Remarried (1997). Isolina Ricci

A very useful book on co-parenting and dealing with all the difficulties of having your children live in two houses.

Parenting After Divorce (2000). Philip Stahl

If read and followed, this book will help to reduce conflict between parents and make life much better for the children following divorce. The author is a psychologist who has worked extensively in the area of divorce and custody, and is, himself, divorced.

The Co-parenting Survival Guide: Letting Go of Conflict After a Difficult Divorce (2001). Elizabeth Thayer and Jeffery Zimmerman

A very helpful book when dealing with high conflict divorce; following these authors' instructions will result in much better co-parenting and a significant decrease in conflict.

What About the Kids? Raising Your Children Before, During and After Divorce (2003).

Judith Wallerstein and Sandra Blakeslee

This book provides way (with good examples) to remain aware of children's needs throughout the process of divorce and beyond, and how to best respond to those needs.

www.spig.clara.net

A website that focuses on responsible co-parenting after divorce.